



Studio Body Logic
Pilates Mat Classes & Barre Body® Schedule
April 8th - July 7th
SPRING 2024

Register Now!

📍 studiobodylogic.com

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ALEXANDRIA HYBRID & IN-STUDIO CLASSES

NO CLASS ON MEMORIAL DAY - MON. MAY 27th			12 WEEKS
MONDAY	11:00-11:50am	Intermediate Springs with Kyoko (max 6 students)	\$ 324
Apr. 8 - July 1	6:00-6:50pm	MELT® with Donna (max 7 students)	\$ 324
TUESDAY			13 WEEKS
Apr. 9 - July 2	10:00-10:50am	Beginning/Intermediate Pilates Mat with Jessie (Hybrid)	\$ 286
	2:00-2:50pm	MELT® with Donna (max 7 students)	\$ 351
TUESDAY			8 WEEKS
	1ST SEMESTER: Apr. 23-June 11 2ND SEMESTER June 18 - Aug. 6		
	6:15-7:15pm	Beginning Reformer with Dana (max 5 students)	\$320
	7:15-8:15pm	Beginning/Intermediate Reformer with Dana (max 5 students)	\$320
WEDNESDAY			13 WEEKS
Apr. 10 - July 3	10:00-10:50am	Evolved Sculpt with Kim	\$ 286
	6:30-7:30pm	Barre Body® with Sarah Tyson	\$ 286
THURSDAY			12 WEEKS
Apr. 11 - June 27	NO CLASS ON INDEPENDENCE DAY - THUR. JULY 4TH		
	9:00-9:50am	Intermediate Mat with Jessie (Hybrid)	\$ 264
FRIDAY			13 WEEKS
Apr. 12 - July 5	10:00-10:50am	Beginning/Beginning-Intermediate Pilates Mat with Jessie (Hybrid)	\$ 286
SATURDAY			13 WEEKS
Apr. 13 - July. 6	10:00-10:50am	Beginning Pilates Mat with Laura & Gabriela	\$286

VIRTUAL CLASSES

NO CLASS ON MEMORIAL DAY - MON. MAY 27th			12 WEEKS
MONDAY	5:30-6:45pm	BMD Stretch with Lucy (ARLINGTON HYBRID CLASS)	\$ 264
Apr. 8 - July 1			
TUESDAY			13 WEEKS
Apr. 9 - July. 2	12:00-12:50pm	Beginning Pilates Mat with Jane	\$ 286
	6:00-6:50pm	Intermediate Mat with Karen	\$ 286
WEDNESDAY			13 WEEKS
Apr. 10 - July 3	6:00-6:50pm	Intermediate/Advanced Pilates Mat with Jessie	\$ 286
	7:30-8:20pm	Beginning/Beginning-Intermediate Mat with Jessie	\$ 286
THURSDAY			12 WEEKS
Apr. 11 - June 27	NO CLASS ON INDEPENDENCE DAY - THUR. JULY 4TH		
	6:30-7:20am	Beginning/Intermediate Pilates Mat with Jessie	\$ 264
SATURDAY			13 WEEKS
Apr. 13 - July. 6	9:00-9:50am	Intermediate Pilates Mat with Kathryn	\$ 286
	10:00-10:50am	Strength & Stability with Kim	\$ 286
SUNDAY			13 WEEKS
Apr. 14 - July. 7	5:00-5:55pm	Barre Body® with Tanya	\$ 286

Links to virtual classes will be emailed once registered for a class. **No refunds or credits after April 24th**, except for Military transfers. No exceptions. Discounts: Private Students-10% | 2 classes per session-10% | 3+ classes per session-20% | Discounts not applied to pro-rated sessions. Mat \$22 per class, MELT® & Springs \$27 per class. **Make-Up Class: The 45 minute virtual make-up classes starts Monday, May 6th from 10:00M to 10:45 AM. No other make-ups will be allowed in other classes.**

Please be reminded - Make-ups do not carry over to the next session